

## ABSTRACT OF THE DISCLOSURE

A disposable menstrual undergarment configured to be worn as a panty for absorption of menstrual fluids. The panty includes an exterior layer of breathable non-porous material, a middle layer of absorbent materials, and a removable interior layer of absorbent materials positioned on the middle layer and within the front portion, rear portion, and the crotch portion of the undergarment. At least one strip of absorbent materials is positioned along each interior portion of each leg opening. The disposable menstrual undergarment provides for absorption of fluids for young females and/or for adults needing special assistance, with an interior layer that is removable after becoming soiled, while providing additional layers of absorbent materials within the undergarment for absorption of fluids for an extended time until a replacement undergarment is obtained.

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